

# MacMillan Coffee Morning - Let's Brew This!

Thursday 23rd September

The Macmillan Coffee Morning is the world's biggest coffee morning and this year TPAS are issuing an open invitation to all our friends to join us for our "virtual Teams' coffee morning.

Grab your tea/coffee and a slice of cake, sit back and enjoy listening to [Jamie McBrearty](#) who will provide insights into health, wellbeing and mindfulness and how to reintegrate back into your local community after Covid. We will also be hearing from some of our TPAS friends from across Scotland!

Our aim is to raise **£1000** and we can only do that with the support of our friends and colleagues.

Please donate at

<https://www.justgiving.com/fundraise/tpasmacmillancoffee>

*Macmillan Cancer Support improves the lives of people affected by cancer, providing practical, medical, emotional and financial support. One in three people will get cancer, and Macmillan aims to support them and their families every step of the way, from nurses and therapists through to expert advisors and helpful volunteers. For further information on the work on Macmillan, please visit [www.macmillan.org.uk](http://www.macmillan.org.uk) or call 0808 808 0000.*

**Sign up to join us on the day by emailing:**

[elaine.scoular@tpasscotland.org.uk](mailto:elaine.scoular@tpasscotland.org.uk)

#TPAScoffeemorning

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